



Issue 10



ESSENTIAL PARTNERSHIPS

Research sends out a very clear message about the importance of partnerships in education. When parents express confidence in the school and teachers, and are involved in some way, their children are more likely to be happier and perform better academically.

At Fairview Heights State School we actively seek partnerships with our parents. This is done deliberately, because once forged, these partnerships have been found to result in;

- greater understanding by parents of their child's schooling,
- greater understanding by teachers of the students and their unique needs,
- better communication and understanding between home and school,
- higher pupil morale and confidence,
- increased academic performance,
- increased goodwill and mutual esteem between parents and 'their' school.

All parents want their children to get the most they can from their schooling and to grow up as happy, caring and useful citizens. They also know that the school cannot do this on its own; they need strong parental partnerships. Partnerships are the 'educational glue' which assists children to have a happy and productive time at school.



We acknowledge the Traditional Custodians of this Land on which our school stands; where the Giabal and Jarowair peoples have performed age-old ceremonies of music, dance, storytelling and celebration. We acknowledge and pay respect to the Elders, past, present and emerging, for they hold the hopes, memories and traditions of Aboriginal, Torres Strait and South Sea Island peoples. We honour those who carved their footsteps in the sands of time.

SCHOOL OPINION SURVEY 2024

The survey invitation has been emailed to all parents and carers and is titled "*School Opinion Survey for parents and caregivers, 2024*". Each school family has received one email invitation from the Department of Education to complete the Parent/Caregiver Survey. We encourage you to take this opportunity to have your say

about what our school does well, and how we can improve. The survey is anonymous, and the results are reported in ways that an individual's response cannot be identified by the school.

Parents/Caregivers are encouraged to complete the survey. The survey can be completed via computers, tablets or smart phones with an internet connection. For Parents/Caregivers who do not have access to the internet school computers/tablets will be made available.



Parents/caregivers who experience difficulties accessing the survey can request a new survey from the School Opinion Survey team via email <u>schoolopinionsurvey@qed.qld.gov.au</u>. If your family has more than one parent/ caregiver, check that they haven't received the invitation and/or check your junk email folder.

NATIONALLY CONSISTENT COLLECTION OF DATA (NCCD)

Every year, all schools in Australia participate in the Nationally Consistent Collection of Data on School Students with Disability (NCCD). The NCCD process requires schools to identify information already available in the school about supports provided to students with disability. These relate to legislative requirements under the Disability Discrimination Act 1992 and the Disability Standards for Education 2005, in line with the NCCD guidelines (2019).

Information provided about students to the Australian Government for the NCCD includes:

- year of schooling
- category of disability: physical, cognitive, sensory or social/emotional
- level of adjustment provided: support provided within quality differentiated teaching practice, supplementary, substantial or extensive.

This information assists schools to:

- formally recognise the supports and adjustments provided to students with disability in schools
- consider how they can strengthen the support of students with disability in schools
- develop shared practices so that they can review their learning programs in order to improve educational outcomes for students with disability.

The NCCD provides state and federal governments with the information they need to plan more broadly for the support of students with disability. The NCCD will have no direct impact on your child and your child will not be involved in any testing process. The school will provide data to the Australian Government in such a way that no individual student will be able to be identified – the privacy and confidentiality of all students is ensured. All information is protected by privacy laws that regulate the collection, storage and disclosure of personal information. To find out more about these matters, please refer to the Australian Government's Privacy Policy (<u>https://www.education.gov.au/privacy-policy</u>).

Further information about the NCCD can be found on the NCCD Portal (<u>https://www.nccd.edu.au</u>). If you have any questions about the NCCD, please contact our Head of Special Education, Gail Lemin.

WEST ZONE ATHLETICS CARNIVAL

Best of luck to all 40 students that are competing at the West Zone Athletics trials next Tuesday at O'Quinn Street Toowoomba. These students have the opportunity to represent our school and secure a spot at the upcoming Darling Downs Athletics trials.

DENTAL VAN

DENTAL CONSENT FORMS have been distributed to Prep and Year 6 students initially. There will be a staggered distribution for the remaining year levels. Please read the information included in this Newsletter.

BULLYING, NO WAY

The National Day of Action against Bullying and Violence has a new name—**Bullying No Way: National week of action**.

Bullying No Way Week, **12 to 16 August 2024**, is Australia's key bullying prevention initiative and connects schools and communities to find workable solutions to prevent bullying.

The week gives schools and supporters flexibility to plan activities that suit their schedule—whether it's spreading awareness throughout the week or focusing on an impactful day or two.

Purple is the new hero colour representing Bullying No Way: National week of action and our commitment to standing against bullying. The theme for 2024 is 'Everyone belongs'.

When we all feel like we belong, bullying struggles to find a place. It's about embracing who we are, respecting everyone's differences and standing up together against unkindness.

Belonging means we all have a role in preventing bullying. We're encouraged to speak up and create a safe place where everyone feels supported and respected, and our voices are heard and valued. You can find more information and resources at <u>https://bullyingnoway.gov.au/</u>

SCHOOL RUN 4 FUN - COLOUR RUN FUNDRAISER

Brochures have been distributed to students and the online sponsorship platform is open. Have you registered? The Colour Run is on Wednesday 11 September in week 10!



James Leach Principal



Fairview Heights State School is offering a range of Pre-Prep opportunities in Term 3 & 4 2024. This will give children and parents/carers the opportunity to experience Prep at Fairview Heights SS and to make new friends with those families coming to Prep in 2025.









AUSSIE MEAL DEAL DAY WEDNESDAY 7 AUGUST

The tuckshop is holding a meal deal day. Flexischool orders close at 5pm today.

All students are invited to wear GREEN & GOLD on the day to celebrate being an AUSSIE during the Olympics.





DATES TO REMEMBER TERM 3

Fri 2 Aug—Fri 6 Sep	Yr 5 & 6 Interschool Sport	
Tues 6 Aug	West Zone Athletics Carnival—O'Quinn St Oval	
Tues 6 Aug	Dental Van Arrives	
Wed 7 Aug	Aussie Meal Deal Day Wear Green & Gold	
Mon 12 Aug	Yr 1 Amaroo Excursion Consent & Payment Due	
Mon 12 Aug	Swimming Consent & Payment Due	
Thurs 15 Aug	Yr 1 Amaroo Excursion	
Th-F 15-16 Aug	Carbal Health Visits 9am-11am	
19,20,21,26,27,28 August	Swimming Lessons for Prep, P1CW, Yr 3, Yr 5, 14W, 23M, 56B & 46M	
Fri 30 Aug	Student Free Day	
Wed 4 Sep	School Musical "A hint of SNOW WHITE" @ WSHS	
Wed 11 Sep	P&C Colour Run Fundraiser	
Fri 13 Sep	Last Day Term 3	
Sat 14—29 Sep	Spring School Holidays	
TERM 4		
Mon 30 Sep	1st Day Term 4	
Mon 7 Oct	Kings Birthday Public Holiday	
Mon 25 Nov— Wed 27 Nov	Yr 6 Gold Coast Recreation Precinct Camp	
Sat 14 Dec—Sun 26 Jan	Summer School Holidays	
	REGULAR ACTIVITIES	

2 nd Tuesday of Month	P&C Meeting – 6.30pm – Staff Room— All Welcome
Wednesday	Breakfast Club in Shed 2 @ 8.00am
Wednesday	Woodwork Option—1st Break
Wednesday	Assembly 2.20pm in School Multipurpose Hall
Wednesday	FHSS KindylinQ for birth to 3 year old children 9:00am—12noon.
Wednesday	Concert Band Practice Commencing 8.15am Instrumental Music Classes
Thursday/Friday	Tuckshop Yr 1-6 Tuckshop Prep—1st Break Only



Term 3

Week 2-3

Aiden, Hannah, Khaliese, Victor, Lacey-Mae, Noah, Cooper, Adam, Aaliyhia, Arnold, Ruby, Jakobi, Eli, Mason, Zhania, Liam, James, Ruby, Bailey, Dwight, Amelia



Week 4

Willow, Harry, Georgia, Cameron Sophia, Imoge, Bethany, Jasper, Camde, Seth, Alexis, Tahlia, Roman



Demonstrating Learning Showing Responsibility





Term 3 Week 2 & 3

Ollie, Bear, Rylan, James, Kol, Lynette, Madeline, Sophia, Savannah, Jacob, Jacob, Harrison, Jasper, Caleb, Phoenix, Alexander, Mitchell, Jaden, Liam, Ella, Aubray, Nikkilee, Lily, Tully, Sienna, Piper, Madeline, Azahlee, Shelby, Ryder & Emily



Week 4

Dallas, Frank, Eli, Jake, Caleb, Seth, Dominic, Anthony, Aleeah, Chelsea, Savannah, Emily, Ava, Laureen, Ariana, Olivia & Mahlia.





ATTENDANCE AWARDS Week 3 23M with 94% Attendance

Week 4 23M with 96% Attendance *Congratulations 23M*////



Demonstrating Learning

Showing Responsibility

SUNSHINE ONLINE

Week 4

Congratulations to: Willow, Adam x 5, Meleana x 3, Jasper, Blayne x 3, Kaleb x 5 Oliver, Elise x 3, Blayne x 2, Carson, Bella, Jebediah x 2, Madeline, Remy x 4, Cooper x 2, Meleana, Matthew, Theo, Max, Tyler, Felecia, Imogen, Georgia



READING EGGS

Week 2 Adam, Remy, Lila, Piper-Lee

Week 4 Jackson, Noah, Lilah & Piper-Lee



MILLION WORD CLUB

Term 3 Week 2-3

Congratulations:

5/6B	4 Million Words
4F	3 Million Words
6V	1 Million Words
5F	6 Million Words

Week 4 6F 3 Million Words





From the P&C:





Every Wednesday morning from 8—8.45am we have Breaky Club. This term it has moved to Shed 2— Tuckshop.

One of our FHSS teachers Trina Murphy and Chappy Zeph coordinate Breakfast Club with the support of some Year 6 helpers.

It is a great opportunity for students to have some toast and

milk/juice before school begins. For most students, it is a 'top-up' or 'second breakfast', and we welcome this. We regularly see up to 100 students each week!

We are so impressed by the good manners that the students are regularly showing, and love the opportunity to catch up with students on an informal basis.

Thank you to those families who have made donations! We're fortunate that our bread is donated to the school by Lifeline, and our Cheese Toasties are donated by Rotary, however if you are able to donate bottles of juice or a jar of spread (jam, honey, vegemite, cream cheese) it would be very much appreciated!

Please leave your donations at the office, or N Block.

KindyLinQ

Did you know that KindyLinQ is for all children aged from 0 years to Kindy age?

KindyLinQ runs every Wednesday of term time from 9am-12pm. The KindyLinQ room is at the top of the ramp in the Prep area.

Attendance is flexible, meaning that families don't have to attend each week or for the full 3 hours. KindyLinQ days consist of outdoor play, indoor play, crafts/art/cooking, stories and song time.

Feel free to pop in on a Wednesday to see what KindyLinQ is all about, or contact the Fairview State School Office for more information.

We look forward to welcoming new families.

DENTAL CONSENT FORMS have been distributed to Prep and Year 6 students initially. There will be a staggered distribution for the remaining year levels. Please read the information below for further information.

ORAL HEALTH CARE FOR SCHOOL STUDENTS

Dental care, with no out of pocket cost, is offered to all Queensland students from the age of 4 to the completion of Grade 10 through the School Dental Service. Children aged 0 - 4 years and students in Year 11 -12, may be eligible for treatment if they receive Childhood Dental Benefit Scheme or if they have a current concessional health care card. The Dental Team consists of a Dentist, Dental Therapists, Oral Health Therapists and Dental Assistants. You will be advised if your child needs specialist dental treatment.

Students at Fairview Heights State School are now being offered dental treatment through the School Dental Service at the School Dental Van, located at Fairview Heights State School.

If you would like your child/children to participate in the free dental care program, please complete each section of the registration form, sign and return it to the School Office by **Wednesday 31st July 2024.** Please note that by signing this form, you are only advising our service of your wish to participate in the dental care program and providing personal information to allow us to contact you.

Our process for making your child's first appointment with us has recently changed. Our first point of contact may be via SMS. If responding via the Call Centre on 1300 082 662, please choose <u>Option 3</u> to speak with School Dental Service.

Please remember

Students will be seen at the School Dental Van, located at Fairview Heights State School.

- Parents/Legal Guardians must attend all appointments & must hold a current Medicare Cardplease bring this card to the appointment.
- There are limited appointments available before and after school and most appointments will have to be during school time.
- Oral Health does not accept any responsibility for transport of the children to and from their appointments.
- Appointment changes are often advised via SMS. Please read all text messages carefully.





The Best Way to Say 'No!' to Your Kids

One of the most difficult parts of parenting is saying no. Unfortunately, sometimes we have to. Sometimes plans change, or something might not be safe. At times, someone else's needs may matter more, or our child wants what they can't have. And while they might not thank you for it, setting limits is one of the best things you can do for your child. Saying 'no' teaches our kids important lessons about life, independence, empathy, and getting along. Research shows that the best parenting style is one that combines setting limits with warmth. These parents are nurturing and responsive, but they set firm limits for their children. They listen to their child's point of view, but they don't always accept it. And it works! Their children tend to be friendly, self-reliant, cooperative, curious, and goal-oriented. So how can we say no while still letting our kids know that we empathise with them? How can we be firm and warm? Give them their wish in fantasy.

Give them their wish in fantasy. It's important to remember that our kids have big feelings, and that's ok! We might need to limit behaviour, but big feelings are allowed. And while our kids don't always need us to say yes, they do need to feel heard. All humans are more willing to cooperate once their feelings have been acknowledged. Our kids are no different. So when your child wants something that you can't (or won't) say yes to, you can still show him that you empathise. Give him his wish in fantasy. Here is an example. Imagine you're in the supermarket with your child. You're at the checkout, and it's been a long, tiring day. You just want to get out of there and get home. Suddenly your child pipes up, 'I want a lolly!' You inwardly groan. It's just before dinner, and you need to say no! You can feel a tantrum brewing. The last thing you need is a public meltdown

But it doesn't have to end in a meltdown. Here's what you do: First, connect with your child. Touch him on the arm, get down to his level, and make eye contact. 90% of good parenting is connection. Then, give him what he wants in fantasy. Say, 'I wish you could have a lolly! What kind would you get?' Hopefully, your child will start to calm down right away and think about the answer. 'Freddo Frog', he might say. 'Oh, that's a great choice. I would pick lolly, or maybe freckles.' Depending on how big your child's feelings are, you might need to extend the fantasy. You might say, 'What if our car was made of lollies? We'd never have to go to the supermarket again!' Your child might say, 'The wheels could be cookies!' When you give your child what he wants in fantasy, it shows him that you understand his feelings and that you care. Once he hears this, it is much easier for him to transition from being overwhelmed by his big feelings to dealing with a situation that, from his perspective, is less than ideal. When you engage your child in fantasy, you are speaking to him in his favourite language: play. This reinforces your connection. It also shows your child that even if the world sometimes feels unfair, it is basically safe. This is because he has felt heard and understood. We might not always get a round of applause, but putting this principle into practice will help us through the tough "no" moments with our children. They may still want what they can't have, but we'll be able to playfully get them through it. And in the process, teach them.





Dr Justin Coulson

AUTHOR

Dr Justin Coulson is a dad to 6 daughters and grandfather to 1 granddaughter. He is the parenting expert and co-host of Channel Nine's Parental Guidance, and he and his wife host Australia's #1 podcast for parents and family: The Happy Families Podcast. He has written 9 books about families and parenting. For further details visit <u>happyfamilies.com.au</u>.