

Yr 1 Learning = FUN!



PRINCIPAL'S MESSAGE

JACARANDA TREES

What a beautiful time of the year!! Our School Jacaranda Trees are nearly all out in full bloom!! They provide a beautiful backdrop to our school and always remind me that the end of the school year is nearly upon us!!!

2024 ENROLMENTS - CATCHMENT OPEN FOR PREP TO YEAR 6 STUDENTS

This week we completed our Pre Prep Playgroup and Open Days for our preppies enrolled to attend in 2024. We held information sessions on Monday afternoon and Tuesday evening. If you missed these sessions, our 2024 School Prospectus is available for collection from the school office.

If you have a child born between 1 July 2018 – 30 June 2019 and haven't enrolled for 2024 Prep yet, please contact the school on 46592888 or email admin@fairviewheightsss.eq.edu.au and we can book an Enrolment Interview and Tour of our school.

We acknowledge the Traditional Custodians of this Land on which our school stands; where the Giabal and Jarowair peoples have performed age-old ceremonies of music, dance, storytelling and celebration. We acknowledge and pay respect to the Elders, past, present and emerging, for they hold the hopes, memories and traditions of Aboriginal, Torres Strait and South Sea Island peoples. We honour those who carved their footsteps in the sands of time.

SCHOOL DISCO—P&C FUNDRAISER

Our School Disco will be held TONIGHT Friday 10 November. The theme is “Winter Wonderland”. The P&C, who run our Discos are looking forward to seeing the variety of costumes on show for those students who wish to come in costume.

Prep to Year 2 – 5.30pm – 6.30pm

Year 3 – Year 6 – 7.00pm – 8.30pm

To ensure the safety of all students attending the Disco, both discos will be LOCK IN Discos, where only students attending will be allowed to enter the hall.

No younger or older students are allowed to be present if they are not in the designated year levels stated above.

Drop off arrangements:

- Parent/Carers will need to drop off their child/ren at the hall foyer door where a member of staff will be present to welcome your child/ren

Pick up arrangements :

- Parent/Carers return to collect your child/children at either 6.30pm or 8.30pm. (Depending on the year level your child is in)
- Students will remain in the hall in their class groups
- When the front foyer door opens there will be staff members present to ask the name of your child and will be brought to the front foyer door for you to take home.

There will be snacks and drinks only available for sale at designated times throughout the disco. Parent/Carers ensure that students are not given large amounts of money, students will require \$5 for entry and no more than \$10 for snacks.

Thank you for your co-operation as the safety of your child/ren is paramount at all times when we are running activities after school hours.

CLASSES FOR 2024

Following the same practice as last year we will be emailing or texting the most important information that is required for parents regarding Class placements, that is the Class Teacher's Name and your child's class. This information will be sent out to parents/carers during the first week of the Christmas holidays that is the week of December 11th. Please be on the lookout for this information. So once again, your email and mobile phone number needs to be up to date.

Always be aware that our staff use their professional judgement to place your child in classes. As teachers we see your child/ren operating in a school environment for 5 days a week, 6 hours a day, so we are able to use that knowledge and expertise to consider the educational, social and emotional needs of students.

Parent requests will be considered in the context of teacher judgements, overall school operational requirements and individual unique circumstances. As I have said in the past, a request is never guaranteed, it is considered. In a school this size, all requests cannot be accommodated. Children are very resilient but as parents, be mindful of the comments you make from an adult's perspective. Children are like sponges and don't have the filters to be discerning. Remember, your child is the one at school and they need the opportunity to develop and grow through the many experiences they need to gain for engagement in lifelong learning.

LOWES—UNIFORMS

Last 20% off sale for 2023 is on 15-17 November. See the Ad in this Newsletter.



HATS

Wearing a hat is a requirement of participating in PE lessons. As parents know, Fairview has a policy where it states, **No Hat, No play**. When children are playing out on the oval or in an area, where there is no cover, children **must** have a hat.

Can parents please ensure your child has a hat, NOT A CAP for the rest of Term 4. That hat also needs to have their name clearly written on it. Please help us ensure children are being sun safe. Thank you for your co-operation.

2024 BOOKLISTS

Booklists will be distributed to students and available online next week. Be on the lookout for these.

STUDENT MOVEMENT

Could parents please inform the school office if your child/ren will not be attending Fairview Heights State School next year. This information is vital for classes and staffing for 2024.

ENROLMENT NUMBERS FOR 2024

We would like to continue to increase our enrolment numbers for 2024. **Parents of our school are best promoters for what's great and unique about Fairview Heights.** So please promote our school in the community. We are currently not enrolled managed therefore we can accept students from anywhere in Toowoomba.

BULLOCH AND TURKINGTON AWARDS

The **Bulloch Award** is awarded to a member of staff who is a positive role model and an inspiration to others. The **Turkington Award** is awarded to a student who strives to achieve even through adversity. Nomination forms are available from the school office and are due back by Friday 17 November.

STUDENT LEADERS FOR 2024

Our Year 5 students who are nominating for Leadership positions for 2024 are busy preparing their speeches. We wish them well for their presentations to students and staff.

FINAL RI LESSONS FOR 2023

The final Religious Instructions lesson for the year will be Friday 17 November. RI Students will attend the annual Christmas Celebration in the Hall on Friday 24 November at 9:00am.

REPORT CARDS

This term, all report cards will be sent to parents/carers by email on Wednesday 6 December (last week of school). Please ensure that your emails are up to date, if they are not current you will not be able to access your report cards. If in doubt please check with our office staff.

HAPPY FAMILIES ARTICLE

Happy Families article this week is titled ‘ **KINDNESS—Teaching kids to be kind**’. We all need to know how to be kind ... don't we! Please check out these articles to gain tips on how to deal with the issues covered in the articles shared.

Julie



Get ready for this years
P&C DISCO

The theme is
WINTER WONDERLAND!

If you are keen—Dress to Impress!
There are prizes to be won!

Friday 10 November
\$5 Entry @ the Hall

Prep to Yr 2 disco will be held at 5:30 to 6:30pm
Yr 3 to Yr 6 disco will be held at 7.00 to 8:30pm

\$5.00 Entry can be paid at the door

Food will be available to buy at the Disco

Like us on
facebook



SkoolBag



audiri

Have you updated your SkoolBag App to audiri yet?



2023 DATES TO REMEMBER TERM 4

Fridays	Interschool Sport Concludes November 17
Fri Nov 10	Winter Wonderland DISCO P-Yr 2 5.30-6.30pm Yr 3- Yr 6 7.00-8.30pm
Fri Dec 1	Tuckshop—Last Day for 2024
Tues Dec 5	Year 6 Awards Evening & Graduation
Wed Dec 6	Final Parade for 2023
Thurs Dec 7	Free Dress Day—Gold Coin towards Chaplaincy
Fri Dec 8	Last day of School for 2023
Sat Dec 9—Sun Jan 21	Summer School Holidays

2024 DATES TO REMEMBER TERM 1

Thurs-Fri Jan 18-19	Prep Parent/Teacher Interviews
Fri Jan 19	Bring Student Resources & Meet the Teacher afternoon 3.00—4.00pm
Fri Jan 19 Mon Jan 22	2nd Hand Uniform Shop OPEN 1.30—3.00pm 2nd Hand Uniform Shop OPEN 8.00—9.00am
Mon Jan 22	1st Day of School for 2024
Fri Jan 26	Australia Day Public Holiday
Thurs Feb 1	1st Day Tuckshop for 2024

REGULAR ACTIVITIES

2 nd Tuesday of Month	P&C Meeting – 6.30pm – Staff Room—All Welcome
Wednesday	Breakfast Club in N Block @ 8.00am
Wednesday	Woodwork Option—1st Break
Wednesday	Assembly 2.20pm in School Multipurpose Hall
Wednesday	FHSS KindylinQ for 3 year old children 9:00am—12noon.
Thursday	Concert Band Practice Commencing 8.15am Instrumental Music Classes
Friday	Chess Lessons in Library—8.00am
Thursday/ Friday	Tuckshop Yr 1-6 Tuckshop Prep—1st Break Only

Prep Open Day





2024 Prep Enrolments

Have you enrolled your prep child for 2024 yet?

- Place your child's name on our 2024 list
- Complete an Enrolment Form—return it and bring in the Birth Certificate to be sighted
- Make a Prep Enrolment Interview time with Julie our Principal

**2024 Prep Students need to be born between
1 July 2018 to 30 June 2019.**



LOWES

3 DAY VIP EVENT

**20% OFF
EVERYTHING***



NOVEMBER 15TH 16TH & 17TH



DON'T HAVE A ZERO OR
REWARDS CARD? APPLY INSTORE
OR ONLINE & START ENJOYING
THE BENEFITS.

INSTORE & ONLINE

*T&C's apply, no rainchecks, savings off original prices.

SCHOLASTIC

BOOKCLUB

ONLINE ORDERS DUE

**Friday 24 November
ONLINE ORDERS ONLY**

**Fairview Heights SS
2nd Hand Uniform Shop &
Tuckshop Days**

Thursday & Friday 9.00am—1.30pm

**Last day of Tuckshop 2023
Friday 1 December**

2024 - 2nd Hand Uniform Shop OPEN

Friday 19 January 1.30 — 3.00pm

Monday 22 January 8.00 — 9.00am

**First day of Tuckshop 2024
Thursday 1 February**





Positive Behaviour Reward Recipients

Practising Safety Overall Respect



Congratulations Term 4 Students of the Week

Week 5

Trayden-John, Liliana, Aria, Georgia, Mara, Olivia, Scott, Sophia, Paisley, Thomas, Ava, Piper, Elijah, Byron, Zakayla, Jayden, Tyrone & Kyrese



Week 6

Harrison, Amelia, Carter, Anthony, Cooper, Mackenzie, Leon, Kobi, Chelsea, Mikaylah, Sienna, Lily, Isla-Mae, Jaxson, Mackenzie, Kaleb, Archie & Kol.



Demonstrating Learning

Showing Responsibility

Congratulations to the following students:

Literacy Pro Certificates

Week 5

Taleah & La'Roze



Week 6

Nate



MILLION WORD CLUB

Week 5

5V 3 Million Words
56K 11 Million Words

Week 6

34T 4 Million Words
4F 4 Million Words



KindyLinQ

On Wednesday 8 November the KindyLinQ, Prep and Prep/1 classes participated in activities run by Bunnings.

BUNNINGS
warehouse

The staff from bunnings brought in some Christmas crafts and helped the children paint and decorate wooden snowflake ornaments and also clay pot reindeer bells.

The children thoroughly enjoyed this experience!



Yr 1 Learning Fun



We LOVE learning!!

Year 1 have been learning about writing procedural texts! We followed a procedure to make butter, It took a lot of shaking! We were amazed when it finally turned into butter!

We then used our fresh butter to make fairy bread, it was delicious!!



Class Attendance Awards Congratulations

to
PF Students and Miss Knight.

Certificate of Attendance
95% for week 23/10/23 to 27/10/23



PF Students and Miss Knight.
96.19% for week 30/10/23 to 3/11/23

56K Students and Mrs Keenan
93.57% for week 30/10/23 to 3/11/23



PBL BARREL DRAW

Well done to the Winners of the PBL Barrel Draw for receiving 'Well Done Vouchers' in the playground. These students are displaying our school's PBL expectations.

Congratulations to:

Term 4—Week 4 & 5

- Ashanti - 2F
- Olivia—2F
- Jacob—3V
- Deegan - 6F
- Chelsea - 1V
- Quinn - PF



WOODWORK

Our volunteer 'Senior Gentlemen' share their woodworking skills with our Students. This Year 6 Woodwork Team look proud of finishing their Note Holder projects.



KINDNESS
is a gift
everyone can
afford to give.

UNKNOWN

STORIES by stori



Help kids cope with challenges, and break free from anxiety

Proven, positive strategies to help every family

Now free in Australia

WHY FEAR-LESS TRIPLE P ONLINE MAKES ALL THE DIFFERENCE

Some children become extra-worried, and anxious feelings can start to affect everyday life. They may often be upset and fearful, become withdrawn, or feel 'sick with worry'. But you can positively support your child to develop their own toolkit of coping skills. It'll bring you closer and help them manage anxiety and deal with difficult emotions in healthy ways – now, and in the future.

- Understand more about anxiety (and how to reduce it).
- Know how to respond to your child when they're anxious.
- Help your child develop skills to cope with challenging situations and solve problems.
- Teach them a range of strategies based on proven principles.
- Raise happier, more capable kids who can meet life's challenges.
- Join a million+ parents and carers in Australia who've been helped by the Triple P – Positive Parenting Program®.

Free support for your positive parenting journey

Practical steps you can take to help your child or teenager to feel calmer and more capable. When you know how, you can help them be more emotionally resilient, and teach them new skills. Watch them gain confidence as they learn to tackle fears and situations they've been avoiding.

- Interactive, easy-to-use online program, including videos and activities and a downloadable workbook.
- Each module only takes about an hour or less, and you can do just a few minutes at a time.
- Available anytime, at your place, at your pace!

Help give your child the life skills they need with Fear-Less Triple P Online – for parents/carers of children (6+) who are often anxious.



START YOUR FREE PROGRAM TODAY!

triplep-parenting.net.au

Funded by the Australian Government Department of Health and Aged Care



Triple P International acknowledges the Traditional Custodians of the lands on which we live and work. We respectfully acknowledge Elders, past and present who continue to guide us with their wisdom on our journey to support and build strong healthy families.



Kindness

Teaching Kids to be Kind

“Go say sorry to Mia right now!”

“What’s the magic word?”

“Now say ‘Thank you, Miss Kelly’.”

We want to raise our children to be kind, compassionate, and thoughtful. But if you’ve ever been on the receiving end of a scripted apology or a forced ‘thank you’, you know that having kids parrot back polite words doesn’t quite cut it. If we want to raise children who are genuinely kind, we need to realise that micromanaging our kids’ interactions isn’t the right way to encourage moral behaviour. Instead, we need to take a holistic approach: one that encourages discussion, role modelling, and highlighting opportunities for kindness.

As Mr Rogers taught, *“Like many other values our children get from us, compassion is more likely to be caught than taught.”*

Please and Thank you

Politeness and compassion are different, though related, aspects of a bigger personality trait called ‘agreeableness’. Politeness refers to being respectful, having good manners, and abiding by the rules of society. It’s definitely something we want to encourage in our kids, but if we want them to internalise politeness, we need to go beyond just reminding them to say “please” and “thank you”.

Discuss and reflect on moments when you noticed your child speaking politely. It doesn’t need to be a big deal, just simply observe what you saw. “I noticed you saying please when you wanted your sister to share her snacks. I wonder if speaking to her so politely helped her want to share.”

Role model politeness, especially to people who are serving you – such as retail staff and waiters.

Highlight opportunities by reminding them well in advance to speak politely. For example, if it’s your child’s first time buying something at the shop or booking their own doctors’ appointment, you can role play what to say, which includes saying “please” and “thank you”.

Saying Sorry

Very few social interactions between kids occur without someone getting hurt, either physically or emotionally. When things go wrong, kind kids don't just say sorry, they are sorry. Being able to emotionally understand what another person feels is called empathy, a skill which can be strengthened with practice.

Discuss what others may be feeling, using books as a springboard. How are the characters feeling? Why are they feeling that way?

Role model empathy, by allowing them to experience the type of emotional understanding that you want them to demonstrate. This looks like taking time to understand their feelings, even when they're upset or excited about things that seem trivial.

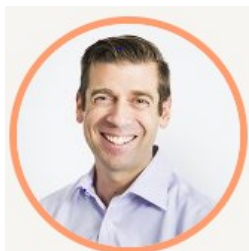
Highlight opportunities to respond empathetically. For example, if their little sister is crying, nudge them towards offering her a hug or a kind word.

Spontaneous Kindness

In my opinion, one of the proudest moments we can experience as parents is when we see our children treating others kindly through their own initiative. When our kids are the ones mowing the lawn of the elderly neighbours, or letting the youngest kid on the team have a shot at the goal, or splitting their donut in half to share with their baby brother... these are the moments that fill our hearts. How do we raise kids who are kind without prodding?

- Discuss what it means to be kind, and do it frequently and informally, like on car rides or around the dinner table. You could ask them how they feel when someone is kind to them, and how they feel when they are kind to others.
 - Role model acts of kindness, such as taking a meal to a friend who is sick.
 - Highlighting opportunities to join you in acts of kindness, or to plan their own experiences. You could let them know that you will be visiting someone at the nursing home and that you would love them to join you. Or maybe you can let them know that you are baking cookies as a gift for their teacher and ask them if they would like to make something too.
- Raising kind kids isn't something we accomplish in a day. Much like becoming a firefighter, or a doctor, or a neuroscientist, becoming kind takes time, practice, and mentoring.

"In a world where you can be anything, be kind"



Dr Justin Coulson

Dr Justin Coulson is a dad to 6 daughters. He is the parenting expert and co-host of Channel 9's Parental Guidance, and he and his wife host Australia's #1 podcast for parents and family: The Happy Families podcast. He has written 6 books about families and parenting.

For further details visit: www.happyfamilies.com.au

